





ProvideXtra® DRINK

Juicy-style - easy to absorb

1.5 kcal/mL oral nutritional supplement with vegetable peptides for the dietary management of patients with or at risk of malnutrition, in particular those who cannot tolerate milk or soy protein or need perioperative nutrition

8g/bottle hydrolysed vegetable protein for easy absorption¹

Fat free to support quicker absorption²

Fibre free for those who cannot tolerate fibre or where fibre is not needed

Average daily requirements of all essential vitamins and trace elements covered in 2 bottles to supplement micronutrient needs

ProvideXtra DRINK

Available in apple flavour in 200 mL EasyBottle

Nutritional Information

Average content		100 mL	bottle = 200 mL
Energy value	kJ	630	1260
Fat (0% Energy)	(kcal)	(150)	(300)
of which saturated fatt	g v acids	0.0	0.0
Carbohydrate (89% E	,	33.5	67.0
of which sugars	nergy) g	8.8	17.6
of which lactose	g	0.0	0.0
Fibre (0% Energy)	g	0.0	0.0
Protein (11% Energy)		4.0	8.0
Salt (Na x 2.5)	, g g	0.24	0.48
Water	mL	75	150
Lactose	g	0	0
Gluten	ppm	≤ 20	≤ 20
Osmolarity	mosmol/L	700	700
	mosmol/kg H ₂ O	930	930
Minerals and trace el		,,,,	750
Sodium	mg	97	194
Chloride	mg	50	100
Potassium	mg	55	110
Calcium	mg	40	80
Phosphorus	mg	43	86
Magnesium	mg	30	60
Iron	mg	2.5	5.0
Zinc	mg	1.88	3.76
Copper	μg	375	750
lodine	μg	37.5	75.0
Selenium	μg	12.5	25.0
Manganese	mg	0.5	1.0
Chromium	μg	12.5	25.0
Molybdenum	μg	18.8	37.6
Fluoride	mg	0.25	0.5
Vitamins	,		
Vitamin A	μg RE°	150	300
Vitamin D ₃	μg	2.5	5.0
Vitamin E	mg a -TE°°	3.75	7.5
Vitamin K ₁	μg	25	50
Vitamin C	mg	18.8	37.6
Thiamin (vitamin B ₁)	mg	0.3	0.6
Riboflavin (vitamin B ₂)	mg	0.4	0.8
Vitamin B ₆	mg	0.43	0.86
Niacin	mg/mg NE ^{ooo}	3.75/4.08	7.5/8.2
Folic Acid	μg	62.5	125
Vitamin B ₁₂	μg	0.75	1.5
Pantothenic Acid	mg	1.5	3.0
Biotin	μg	9.4	18.8

[°] retinol equivalents (RE), °° alpha-tocopherol equivalents (α -TE), °°° niacin equivalents (NE)

Prescribing information

Food for special medical purposes:

Juice-style, high-caloric (1.5 kcal/mL) oral nutritional supplement with hydrolysed vegetable protein. Milk and soy protein free. Fat and fibre free; lactose free & low in gluten. For the dietary management of patients with or at risk of disease-related malnutrition in particular for patients with increased energy needs and/or malabsorption including the preoperative dietary management of surgical patients.

Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 2 bottles (600 kcal)/day.

Important notes:

To be used under medical supervision. Not suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. **Not for parenteral (I.V.) use!**

Instruction for use:

Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Shake well before use. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

Contraindications

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Not suitable for patients with congenital inability to metabolise nutrients contained in ProvideXtra DRINK. In patients with severe forms of organ failure such as liver or kidney insufficiency ProvideXtra DRINK should be used with caution, depending on the patients tolerance of nitrogen. Not suitable for patients with emergency operations or delayed gastric emptying.

Ingredients

Water, maltodextrin, sucrose, pea protein hydrolysate, apple juice concentrate, acidity regulator E 296, flavourings^, calcium citrate^, magnesium citrate^, vit. C, potassium chloride, magnesium chloride, stabiliser (E440), potassium citrate, iron citrate, vit. E, zinc sulphate, niacin, pantothenic acid, antifoaming agent (E471), manganese chloride, copper sulphate, vit. B_6 , vit. B_2 , sodium fluoride, vit. B_1 , vit. A, folic acid, potassium iodide, chromium chloride, sodium selenite, vit. K_1 , sodium molybdate, biotin, vit. D_3 , vit. B_{12} .

Flavour

Apple

References

- Alexander DD, Bylsma LC, Elkayam L, et al. Nutritional and health benefits of semi-elemental diets: A comprehensive summary of the literature. World J Gastrointest Pharmacol Ther. 2016;7(2):306-319
- 2) Jolliffe DM. Continuing Education in Anesthesia, Critical Care & Pain. 2009;9(6):173-177



[^] amount/position depending on flavour